

Oh God, give me the grace this Lent to have the eyes of St. Veronica. That is, Father, grant me the ability to see Your Son's suffering face, in the faces of the lonely, the sick, the dejected, the abandoned, marginalized; to see Your face in all. May I see Your countenance in theirs and rush to wipe away if only for a moment what has been marred.

Grant me the grace, O Jesus, to have the courage of St. Veronica. Let me break through the jeering of society that often impedes me from wiping Your wounded face, in the face of a wounded world. Grant me an insatiable desire to calmly walk through obstacles with the same love and courage that St. Veronica possessed when she broke through the crowds that day to come to Your aid, O Jesus.

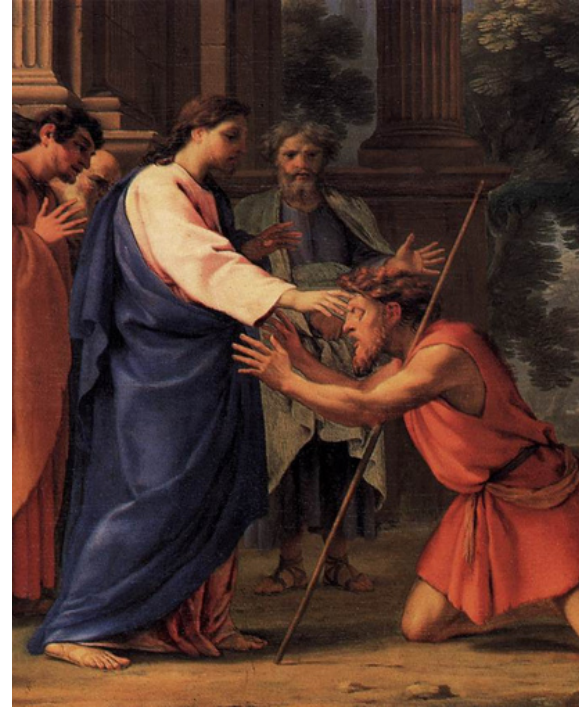
Grant me the grace to have the hands of St. Veronica. Hands which will gently blot the scars of your countenance that have been inflicted by the hands of either my own selfishness or the selfishness of others who do not follow the Father's prompting to comfort the afflicted, care for the widow and orphaned, the suffering, the lonely, our neighbors broken and in need.

Grant me, O Jesus, the grace to be the heart and the love of St. Veronica and by extension, to be Your love O Christ. Amen.

Prayer written by Sister Mathilde DeLucy

Lent 2023

PRAY. FAST. GIVE.



"I washed, and now I can see."

Fourth Week of Lent

Saturday, March 18

Pray the reflection above about Veronica, her courage and compassion.

Tuesday, March 21

"He put clay on my eyes, and I washed, and now I can see." (John 9:11)
What area of your life is God calling you to see with new eyes?

Sunday, March 19

At Mass today, look around your parish home. What or who is God calling you to notice?

Wednesday, March 22

Make a plan to attend Stations of the Cross at your parish this week and reflect on those who step forward to help him.

Monday, March 20

On this Solemnity of Saint Joseph, spend 15 minutes in silence reflecting on his patience, his quiet commitment to Jesus and Mary, and his trust in God.

Thursday, March 23

"It is more blessed to give than to receive." (Acts 20:35) In the spirit of almsgiving, give of your time, talent, or treasure this week to someone in need.

Friday, March 24

Make time this weekend for an examination of conscience and the Sacrament of Reconciliation.



Our Mission: "A Roman Catholic family of faith, centered in the Holy Eucharist, faithful to the Church's teachings, bringing the Light of Christ to each other and to our community."