Dear Lord Jesus, grant me the courage to stand at the foot of Your Cross like the beloved disciple, John.

When others run away in fear or shame, help me to stand firm in faith with our Blessed Mother Mary at the Tree of Life. When the world screams and yells curses at You, help me to bear silent witness to the hope I have in You by remaining close to Your side, rooted in Your life-giving Word. And when others watch from afar, help me to draw near to Your love and rest my head close to Your Most Sacred Heart.

Lord Jesus, as we approach the solemn celebration of Your Passion, Death, and Resurrection please help me to be nourished and strengthened with Your grace for this journey through the sacraments of Reconciliation and the Most Holy Eucharist.

As St. John was Your beloved disciple whom you entrusted to be a son, a protector, and a priest for Your Blessed Mother Mary, please help me also to remain close to her Immaculate Heart. Help me to walk humbly with You throughout every moment of my life. Amen.

Prayer written by Father Mark Searles

# Lent 2023 PRAY. FAST. GIVE.



"I am the resurrection and the life."

# **Fifth Week of Lent**

Saturday, March 25

Pray the reflection above about Saint John, his courage and fidelity to the Lord.

## Tuesday, March 28

Like Mary and Martha, do you have a sense that God is delaying aid? Trust that He has a purpose for your trial and will bring glory to Himself through it.



#### Sunday, March 26

At Mass today, light a candle and offer a prayer intention for someone who has died.

#### Wednesday, March 29

*"He sent me." (Jn 8:42)* Consider today that the Lord has sent you in His place to encounter others today. How will you be a reflection of Him to those you meet?

## Monday, March 27

*Even though I walk in the dark valley I fear no evil; for you are at my side.* What fears can you surrender to God today and trust in His providence?

#### Thursday, March 30

Holy Thursday is in one week. Take ten minutes today to reflect on the Lenten season and identify the fruits of your prayer and penance.

#### Friday, March 31

In the spirit of almsgiving, make an offering to your parish or Operation Rice Bowl for the support of others.

Our Mission: "A Roman Catholic family of faith, centered in the Holy Eucharist, faithful to the Church's teachings, bringing the Light of Christ to each other and to our community."