## First Neek of Advent 2022 ADVENT CALENDAR

"Therefore, stay awake! For you do not know on which day your Lord will come." Matthew 24:42



## First Sunday of Advent

Set an Advent intention or practice to commit to – perhaps it is adding time for prayer, attending an extra Mass each week, offering financial support to your parish, or praying for a specific intention or cause.



Practice being present in each moment. Put down your work, tv, or cell phone and listen with focused attention.





Our Mission: "A Roman Catholic family of faith, centered in the Holy Eucharist, faithful to the Church's teachings, bringing the Light of Christ to each other and to our community."



## **Giving Tuesday**

Consider how you can support your Parish community with a gift of time, talent, or treasure this season.

## WEDNESDAY Feast of St. Andrew the Apostle

30

Begin the Christmas Novena or St. Andrew Prayer today and each day until Christmas

THURSDAY

Reflect on what you hope for this Advent season. Ask a loved one what spiritual blessing they hope for themselves.



Advent is a season of penance in preparation for Christmas. Reflect on how you can prepare your hearts for the coming of Christ.