



## **Catholic Youth Organization (CYO) COVID-19 Return to Athletics Procedures**

### **To Parents, Guardians, Coaches, and Students:**

The Diocese of Allentown is making every effort to ensure the provision of the safest possible environment for CYO athletic activities to resume. The following are the procedures that must take place in order to ensure that these safety measures are met:

1. Each CYO program must submit the completed **Health & Safety Plan** (attached), outlining the measures that will be taken to ensure the safety of students, coaching staff, and families. This plan must be completed and returned to the Office of Education (mailing address and email info can be found on the form) by October 1, 2020.
2. All students must submit a completed **waiver** (attached) prior to participating in CYO activity. **In addition to this waiver, the standard CYO permission form is still required for all participants.**
3. Students and coaches must review the **Pre-Screening Questions** (attached) at the start of each practice, game, or other team meeting or event. Temperatures are to be taken using an infrared thermometer and documented in the appropriate column. \*If an athlete or coach has a high temperature, that individual will be quarantined, and a parent/guardian will be contacted to return promptly to pick up the individual.
4. Students must wear a face mask any time they are not participating in practices or conditioning. Coaches and medical staff will wear masks while on campus/site.
5. Water bottles must be labeled with student names, and students are not to share water bottles. Team water is not permitted at this time.
6. CYO programs are responsible for the appropriate cleaning and sanitizing of any facilities used. It is up to the parish CYO personnel to make arrangements for the cleaning and sanitization of the facilities after those facilities have been used by their team.

If you are exhibiting any symptoms or signs of illness, **you must stay home**. If you are questioning whether you should attend due to feelings of illness, **please stay home**.

There are no exceptions to any of the above. In order to be able to return to CYO activity, these are the necessary precautions that must be taken to most reasonably ensure the safety of all involved. Thank you for your cooperation.