

## Obtaining Low-Gluten Hosts and Mustum

In the dioceses of the United States, there are four approved distributors of low-gluten hosts and two of mustum known to the Secretariat of Divine Worship. (Any additional low-gluten host and/or mustum distributors are strongly encouraged to [contact the Secretariat](#) so that an up-to-date listing may be maintained.)

### Low-Gluten Hosts

1. Benedictine Sisters of Perpetual Adoration  
Altar Breads Department  
31970 State Highway P  
Clyde, MO 64432-8100  
Phone: (800) 223-2772  
Web: [www.BenedictineSisters.org](http://www.BenedictineSisters.org) . . .
2. Parish Crossroads  
P.O. Box 2413  
Kokomo, IN 46904  
Phone: (800) 510-8842  
Web: [www.ParishCrossroads.com](http://www.ParishCrossroads.com) . . .
3. GlutenFreeHosts.com Inc.  
100 Buckley Road  
Liverpool, NY 13088  
Phone: (800) 668-7324 ext. 1  
Web: [www.GlutenFreeHosts.com](http://www.GlutenFreeHosts.com) . . .
4. Cavanagh Company  
610 Putnam Pike  
Greenville, RI 02828  
Phone: (800) 635-0568  
Web: [www.CavanaghCo.com](http://www.CavanaghCo.com) . . .