

I, the Parent (or Guardian) of _____
Recommend that my child be considered for the Catholic Youth
Organization Religion Award.

Parent Signature

I, the teacher of _____
Certify that this is his/her best work and should be considered
for the Catholic Youth Organization Religion Award.

Teacher or Catechist

Will the teacher or parent kindly initial month as you
review the monthly project with the student.

Oct. _____ Nov. _____ Dec. _____

Jan. _____ Feb. _____ March _____

Recommend for project material:

Loose leaf in a folder to be reviewed monthly and
bound for final approval. No project will be accepted after
April 1st.

Diocese of Allentown
C.Y.O.
Religion Award
Grade 7

Name _____

Address _____

Parish _____

Birth date _____

In order to assist the Catholic children of the Diocese of
Allentown to grow with their God, parish and community,
the C.Y.O. offers this religious award program. This award
is designed to promote your spiritual growth.

In order to achieve this award, you must complete one
activity each month. All requirements must be fulfilled
within the school year and submitted for final review by
April 1st. Completed booklets are to be submitted to the
coordinator of your parish/school religious education or the
designated representative(s). Each child will be required to
supply and maintain a loose leaf project notebook as a
record of achievement.

Grade 7 concentrates on the Spiritual Works of Mercy.

Choose Six Projects (One per month)

1. “Counsel the Doubtful”

Counsel means to listen to or help. Many people have doubts and fears. As we get old or sick, our doubts and fears sometimes seem heavy to face. Contact a Nursing Home, a nursing institute, or a retirement home for priests or sisters. Ask for the name of a specific person to write to, and if possible, to visit. Adopt him or her as a pen-pal. Write down times of monthly letters and the daily prayer you will say for this person during these 6 months; put information into your log. Tell how this project has helped this person and yourself.

2. “Instruct the Ignorant”

This month, ask one P.R.E. catechist or Catholic school teacher if you may help to prepare for four lessons, to mark papers, take attendance, or go over prayers-whatever the teacher decides. Write down dates and activities in your log book. Attend one Liturgical function with P.R.E./school students or ask the teacher if you may prepare and teach a ten (10) minute lesson. Put your written lesson into your log.

3. “Admonish the Sinner”

We all need help to become a better person. In four separate compositions, explain what you have done to become a better Christian this month; in school, parish, home and community. Ask your parent or teacher to write a brief response to your project.

4. “Comfort the Sorrowful”

List five ways we can get along with all types of people- especially in our own classrooms. Then list five positive steps you have taken this month to comfort people and let them know you care for them. Write or visit someone this month who has lost a loved one and listen to their story. Briefly report on it in your log.

5. “Forgive Injuries”

Find a parable of forgiveness in the Gospel, and describe it in your log. Then write out your own modern parable of forgiveness. Read it to your class or group of friends, or family. Have one person write out a brief response to your story.

6. “ Bears Wrongs Patiently”

Write out a brief prayer for patience. Attend mass four extra times this month. Note both in your log. At the end of the month, write out a brief meditation (thought or prayer) on how we can imitate Christ’s forgiveness and patience with people. Then write out a brief prayer of praise, petition, sorrow and thanksgiving. Read them daily for the next month.

7. “ Pray for the Living and the Dead”

Write down five prayer intentions for this month. Besides praying for people, name 5 other ways we help others, particularly our own family. Then write five specific things you have done this month for the living or deceased of your family. The family is a small church. Explain this statement. Also, answer in your log: How is your family a community? How do you as an individual contribute to your family community?

8. Write out your experience of:

A. The Beatitudes as a way of life.

B. A time in Christ’s Life

C.. C.Y.O. religion Award and my life as a Christian (include all three in your log this month)

Also: Interview a religious person on his/her life as a Christian and summarize in your log.

9. List the Spiritual Works of mercy in your log and tell how you have done each one this past month. Ask an adult to briefly respond to it.

10. In collaboration with your parent or teacher, design your own project this month. Include some type of service to others, prayer and a response from yourself or another.